



Researcher Travel Program

The Researcher Travel Program is intended to assist with travel expenses for rare disease researchers and professional students with an interest in the rare disease field. It is our hope that this program provides opportunities for these individuals to be able to connect in-person with the rare disease community, to foster collaboration and communication.

Completed applications should be submitted to rare@upliftingathletes.org.

Who qualifies for the Researcher Travel Program program?

Applicants must meet the following criteria in order to be considered for this program:

- Enrolled in a MD, DO, PhD, or equivalent degree and interested in rare disease researcher
- A clinical or basic researcher (MD, DO, PhD, or equivalent) working in the US or Canada, who is currently in postdoctoral training at an academic medical institution AND within 10 years of obtaining their doctoral degree at the time of grant submission.

***Note:** Please contact Uplifting Athletes at rare@upliftingathletes.org before applying if eligibility questions still remain after reviewing these guidelines.*

What is covered by this program?

This program consists of funds and/or vouchers for qualified applicants to attend patient advocacy organization sponsored events. For example, applicants may attend a family conference, scientific meeting, or symposium hosted by a patient advocacy organization. This program does not cover the cost for patients to visit with specialists or doctors appointments.

How much and what does each travel reimbursement cover?

Each travel reimbursement will cover up to \$1,450 in travel expenses including, but not limited to, airfare, hotel stays, meals, and conference passes.

How many recipients will be awarded?

Recipients are awarded based on the availability of funds and may vary year-to-year. Uplifting Athletes has a finite amount of funding for this program, and will accept applications until all funds have been allocated.

How will recipients be selected?

Applications are evaluated by a team at Uplifting Athletes on a rolling basis. Applicants will be notified via email if their application was accepted or rejected.

What is expected of me if I secure this reimbursement?

It is expected that you will attend, in-person, a patient/family conference, scientific meeting, or symposium that is hosted by a disease-specific patient advocacy organization.



Following the event you will be asked to fill out a survey that describes the impact of the event, which includes a one page submission about your experience.

You will also be invited to join us at the Uplifting Athletes' Young Investigator Draft in 2024.

Are non-disease state specific conferences eligible for this travel program?

Yes, conferences that are held by non-disease state specific organizations are still eligible. We ask that you specify on your application which Patient Advocacy Organization or patient community you plan to meet with at this conference, and why it is necessary to meet at this specific conference.

Am I expected to speak at the patient advocacy event?

We strongly encourage applicants to reach out to the sponsoring patient advocacy organization to see if there is an opportunity to speak at the event. This could include an educational talk to the patient community, or an update on your current research. Securing a speaking opportunity is not a requirement.

How can I apply?

Complete the attached application found on pages 3-4 and submit it electronically to: rare@upliftingathletes.org. We ask that applicants please submit requests for support at least 45 days in advance of planned travel, but no more than 120 days in advance of the planned travel.

What happens if I am selected, but can no longer attend due to COVID, illness, or a family emergency?

In the case of COVID, illness, or a family emergency, please email rare@upliftingathletes.org.

Uplifting Athletes commitment to health equity:

Uplifting Athletes is committed to providing equitable opportunities for underrepresented researchers. We will ensure that at least 20% of Researcher Travel Program recipients will be reserved for researchers from an underrepresented background. Uplifting Athletes uses the NIH definition to define who is considered an underrepresented researcher.



Researcher Travel Program Application

Please send completed application to rare@upliftingathletes.org

1. Application Date:
2. Name:
3. Email:
4. Phone number:
5. Address (Where you are traveling from):
6. Institution:
7. Name of Event:
8. Event Host:
9. Disease state:
10. Travel dates:
11. Amount requested (Up to \$1,450):
12. The National Institute of Health (NIH) recognizes that there are underrepresented groups in medicine and includes the following groups as underrepresented in biomedical research:
 - a. Individuals from racial and ethnic groups such as Blacks or African Americans, Hispanics or Latinos, American Indians or Alaska Natives, Native Hawaiians, and other Pacific Islanders
 - b. Individuals with disabilities
 - c. Individuals from disadvantaged backgrounds (as defined in the [November 22, 2019 Guide notice](#))
 - d. Women from the above backgrounds at the graduate level and beyond in scientific fields

Do you identify with one or more of these underrepresented groups as defined by the NIH?

- Yes
 No



- 13. What benefits would you receive by attending this event?**
- 14. Have you been given the opportunity to speak at the event? If yes, what are you planning to speak about?**
- 15. Why have you chosen this rare disease state or general research in the rare disease space?**
- 16. Description of request and Statement of financial need (attach additional pages if necessary).**
 - a. Please provide a breakdown of what the reimbursement would need to cover including if your institution is able to cover any of the cost.
- 17. If the conference you plan to attend is not for a disease-state specific organization, please tell us what patient advocacy organization or community you plan to meet with.**